



CROSS COUNTRY CHAMPIONSHIPS 2019

Schedule of Events: October 12, 2019

9:00 AM – Elementary Race (approximately 1 mile) (\$1 entry fee at the starting line)

10:00 AM – MOAC MS Boys Race (all runners)

10:30 AM – MOAC MS Girls Race (all runners)

11:00 AM - MOAC Varsity Boys Race (maximum 10 runners per race)

11:30 AM – MOAC Varsity Girls Race (maximum 10 runners per race)

12:15 PM – “Tall Grass Trot” Open Race – Open to runners of all ages

Baum’s Page

Please go to www.baumspage.com log in and submit your roster for the **MOAC Championships** Please instruct your middle school coaches to do the same. The entry window closes at 11:59 AM on Wednesday, October 9.

Coaches pick up packets at the finish line/camps in area north of the school building near softball field.

Awards:

- Top 7 runners in each varsity race will be 1st team MOAC
- Runners 8-14 will be 2nd team MOAC
- Runners 15-21 will be Honorable Mention MOAC

*****The course** will start and finish on the west side of Harding high school. It is a one-loop course on a flat surface. The course will be held 100% on grass with one bridge crossing. Spikes of any legal length will be fine. Buses may drop off participants in east lot, and then park in east lot near soccer field. Instruct spectators to park on the east or west sides of the building (student and visitor lots).

*****Gator ATVs** will lead and follow each race.

*****Concessions** will be available at the meet. **We will also be selling t-shirts. Please inform your athletes.**

*****There will be a \$5.00 per vehicle parking fee.**

*****“Tall Grass Trot” race will begin at 12:15 PM. No entry fee. Gator will lead the race. Timing of this race will be the responsibility of the coaches.**